

***What people like and admire about me...***

- I'm open and honest.
- I'm straightforward in the way I interact with people so they know they can trust me.
- I'm a good listener.
- I have strong ethics and a professional approach.
- I'm reliable.
- I'm approachable and easy to talk to.
- People say I laugh a lot which they like!

What's important to me...

- I care a lot about the organisations I get involved in and the people I work with, and will do everything I can to help them be successful.
- In my working life I need to be interested in what I'm doing and to believe it will make a positive difference and be of benefit to individuals and society.
- Doing a good job. I enjoy analysing information and sifting through it for the important bits, but I feel dissatisfied if I haven't completed something to the standard I would want.
- I'm very curious about people and love meeting individuals from different cultures and discovering how similar we all are rather than how different!
- My family and friends, and having time to spend in their company.

How to support me well at work...

- Give me feedback. I like to know if I'm being useful and doing the right things or if you'd prefer I approached things in a different way.
- When possible, I like to prepare and consider things in advance, so if there's an important decision to be made please give me the information early enough to give me time to think!
- I'm a perfectionist and I can get frustrated if I don't think much thought has gone into doing something or it's not been done properly.
- I do like to understand the detail, so please be patient with me if I ask a lot of questions.
- Be honest with me. I'd much prefer to know there's a problem so we can work through it together, rather than finding out about it at the last minute.
- Sometimes I can get things out of proportion, so if I'm going on about something that isn't important, do tell me to shut-up!