








BOWEL MOVEMENT RECORD

Month: _____ Year: _____

Name: _____

Date	Time	Size S-small M-medium L-large S M L	Type 1	Type 2	Type 3	Type 4	Type 5	Type 6	Type 7	Staff Initials	Was 'as required' (PRN) medication given?
			Separate hard lumps like nuts (hard to pass) 	Sausage shaped but lumpy 	Like a sausage but with cracks on surface 	Like a sausage or snake, smooth and soft 	Soft blobs with clear- cut edges (passed easily) 	Fluffy pieces with ragged edges, a mushy stool 	Watery, no solid pieces (entirely liquid) 		
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Adapted from the Bristol Stool Scale developed by KW Heaton and SJ Lewis at the University of Bristol, 1997