

Covid-19 hospital passport tips

This hospital passport has been designed in partnership with families and a nurse.

It is not a replacement for your ordinary, more detailed hospital passport. You should take that to hospital as well if you need to be admitted.

When people get admitted to hospital with coronavirus, it might not be possible for someone to go with them. Check your hospital trust's policy on this. Hospitals still have a duty to make reasonable adjustments.

We have put a reminder about your Human Rights on the top of this passport. This was written for us by the British Institute for Human Rights.

This passport gives the information that doctors will need if you are admitted and struggling to breathe.

Nobody can speak when they have big breathing problems. The doctors need to know that you can indicate yes and no. If you have a unique way of doing this you must write it clearly.

It is very important to say if you have any airways issues or have had a stomach procedure like Fundoplasty (you or the people who support you will know if you have this.)

List any pre-existing health conditions you have, like asthma or diabetes.

List what medication you are taking.

Nobody has capacity when they are very poorly.

Everyone is different. Fill in the communication section in detail.

If you want help with the communication section, LDE will have a webinar to share ideas.

Top tips for family carers

- Laminate, double laminate or put it in a sealed plastic bag
- Find out the name of the Learning Disability Liaison Nurse at your hospital
- Check your hospital trust policy about allowing carers to be present if a person with learning disability is admitted to hospital with Coronavirus
- Make plans for if you get unwell yourself. Make sure:
 - You have a list of phone numbers of people who can help out in an emergency
 - You have enough supplies for two weeks
- Put a hospital bag together now, you won't have time in an emergency. Include:
 - Laminate COVID19 passport
 - Ordinary hospital passport.
 - Don't forget your phone and charger and money to buy food for yourself (carers aren't fed)
 - Bring your own toothbrush, soap and towel and change of clothes
- Look after your own health, do something, however little, for yourself every day
- Stay in touch with friends and family by phone
- Check <https://www.learningdisabilityengland.org.uk/> for updates and easy information.