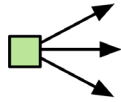
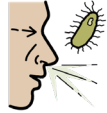
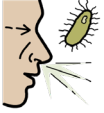


Covid19 social story  
Help stop Coronavirus





**Help stop Coronavirus spreading**



Coronavirus is an illness that makes some people unwell.



There are some things I can do to help stop Coronavirus.



## Washing my hands:



I

should



wash my hands

after I



go to the toilet.

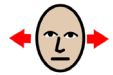


I should

wash my hands

(please enter realistic and appropriate measure

of time e.g. after each lesson, once an hour etc) even if I



have not



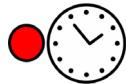
been to the

toilet.



I should

wash my hands



before

and



after

I



eat.

1

2

One

or

two

pump of

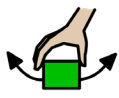


soap

is



enough.



I will

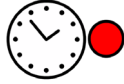
use



warm water.



I will spend 30 seconds washing my hands. (Amend to a meaningful measure of time such as two verses of happy birthday or else provide a timer.)



I will dry my hands after I have washed my hands.



**Using hand sanitiser**



I can use hand sanitiser.

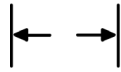
**1**



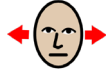
One pump of hand sanitiser is enough.



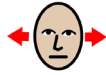
I should rub it in well so my hands don't feel wet or slippery.



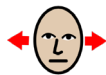
## Keeping things away from my mouth



I should try not to put my hands or fingers in my mouth.



I should try not to bite my nails.

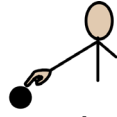


I should try not to lick, chew or suck things that



someone else

might



touch.



lick,



chew

or



suck

something it



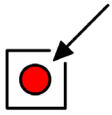
must

be



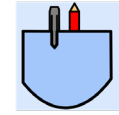
kept

If I need to



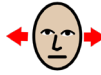
in

my

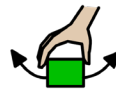


pocket

when I'm

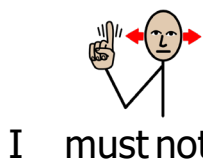


not



using

it.



I must not



share

the



things

that I



lick,



chew

or



suck.

Me or my adults should



wash

the



thing

that I



lick,



chew

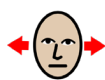
or



suck a few times a day.



**I must try very hard**



**not**

**to**



**spit.**