



Making it personal...

Social care charter

Easy Read

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What this document is for



We believe everyone should have the same chances to live the life they choose



We put together the **Social Care Charter** with the people we support. The **Social Care Charter** tells everyone what people want to be able to live the life they choose.

5

The people we support decided on 5 things they believe are the most important. We call these **pledges**.



We want MPs to sign up to the **Social Care Charter**. MPs that sign will be agreeing to think about what is important to you when making decisions about your support.



If you agree with the **Social Care Charter** we want you to sign it and share it with others.

1

Pledge 1



I want choice and control over my money.



You must have control over your money if you want.



You must be able to choose how you spend your money.



You must have enough money to afford the things you need.

2

Pledge 2



I want opportunities to be more independent.



You must be able to choose where you live and who with.



You must be able to go to work or college if you want to.



You must be given every chance to do things for yourself.

3

Pledge 3



I want to be a part of my community.



You must be able to go out when you want and where you want.



You must be able to take part in activities that are available to everyone.



You must be able to enjoy life without fear of being bullied or picked on.

4

Pledge 4



I want to have control and choice over my relationships.



You must be able to choose who you want to see, when you want to see them and where you want to see them.



You must be able to choose who supports you and how you are supported.



You must be able to choose who you live with.

5

Pledge 5



I want to have a voice and be listened to.



You must be able to vote if you want to.



You must be able to get involved in politics. This can include joining a political party, being a member of political organisations, or becoming a councillor.



You must be able to talk to people who make decisions that affect your life about what is important to you.

What to do next



If you agree with the pledges in our Social Care Charter we want you to sign below and tell people you know.

Please write your name and postcode in the box below. Then send this page to First floor Churchill House, 6-8 Meetinghouse Lane, Sheffield, S1 2DP



OR if you have an email address you can sign up online at www.dimensions-uk.org/charter



I support the Dimensions Making it Personal Social Care Charter which will enable people with learning disabilities and autism to have equal chances to live the life they choose.

Name: _____

Postcode: _____