

## Facts for Families: Being involved with Dimensions

There is no right or wrong amount to be involved with your relative or friend who is supported by Dimensions. Similarly, how much you choose to get involved with the organisation is a personal matter. The important thing to know is that we welcome your involvement and have a number of ways to include you both in how we support your relative or friend and wider organisational and national policy issues. We understand that everyone has busy lives with varied commitments so we aim to make your involvement practical and meaningful.

## Some of the involvement opportunities available to you include:

- Regular contact with a Locality Manager or key-worker.
- Attending team meetings to share useful information to enable us to better support your relative or friend.
- Attending the person's annual review.
- Completing and returning our bi-annual survey.
- Attending informal events such as parties and summer fairs.
- Contributing to the In Touch Newsletter.
- Attending regional family and friends meetings.
- Meeting the executive team when they visit your region.

We take the views of family and friends very seriously. Families are invited to many events (such as regional listening events) each year. In this way, family advice and feedback can be heard and acted on directly by senior managers and family consultants.

Family Helpline: available 10am –12pm, Monday – Friday Tel: 0300 303 9161 Email: family.helpline@dimensions-uk.org Regional meetings are designed to meet the needs of local people. They may include speakers with specialist knowledge or a simple opportunity to speak with other families. Let your Operations Director know what would work for you.

Do you know that staff receive a small gift if someone logs a compliment about them? Each region holds an Inspiring People Award ceremony each year where people are recognised for exceptional work. To nominate someone either phone 0300 303 9027 or email inspiringpeople@dimensions-uk.org with names and other details and a short explanation of why you think they should win.

## Proving life can get better

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