



### What people like and admire about me...

I have a positive approach when helping people with problems

I am task-oriented and like to get things done

I keep in contact with people and take time to catch up

I am fair-minded and can see other people's perspective

I use logical argument to help find a solution

### What's important to me...

My son is autistic and with learning disabilities – helping him to thrive and to be as independent as possible when he is an adult is my priority.

I like to keep in regular contact with friends and family – I have several friends from over 30 years ago

I love socialising and enjoying what life has to offer, such as diverse food, live music, travelling and getting to know and understand people

Keeping fit is important to me with regular walks and gym sessions

I love London, there is always something going on and walking the streets filled with history

I like pubs with no music so we can get to know other visitors

Work is important but family and friends come first

I am community-minded and know the names of all my local shop and pub managers

Box-sets on streaming services – let's swap recommendations!

### How to support me well at work...

I perform better with specific objectives

I am good at strategic thinking – give me the space to do that when it is required

I can get distracted when the task at hand has no end in sight

At the start of a project or important activity, a conversation is better than an email