

# The Gr8 Chat & Brew

by Paradigm | Mar 20, 2020 | Blog, Gr8 Support Library, News, Paradigm Supporter, Reach Articles | 0 comments

The Gr8 Chat & Brew is an initiative set up by Paradigm with [Learning Disability England](#), Centre for Inclusive Futures and [Your IT Now](#). It's all about hosting group video calls that will keep people connected at a time when people are becoming increasingly isolated across the country. The idea for The Gr8 Chat and Brew came from Support Workers in Leeds who are part of [The Gr8 Support Movement](#) at Paradigm. They wanted to encourage people to keep connected and feel valued. We have adapted their original idea to help more people stay connected over the forthcoming months. Being a Gr8 Chat and Brew Host or Co-Host (maybe you are supporter who could Co-Host with someone you support) is simply about connecting with people through video calls and hosting ordinary life conversations. Your conversations will give people something to look forward to and offer human contact during this difficult time.

Click below to access the FREE resources we have co-produced to help spread the Gr8 Chat & Brews around the world!

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- How to do The Gr8 Chat & Brew: [How to do The Gr8 Chat & Brew PDF](#)
- Would you like to join a Gr8 Chat & Brew group an invitation from Paradigm (Easy Read): [Chat & Brew \(Easy Read\) PDF](#) If you like this as template for you to add your contact details etc please email us at [hello@paradigm-uk.org](mailto:hello@paradigm-uk.org)
- Becoming a Gr8 Chat & Brew Host – a guide with Top Tips: [Being a Chat and Brew Host PDF](#)
- Copy The Gr8 Chat & Brew logo from above to use in your group or email

[hello@paradigm-uk.org](mailto:hello@paradigm-uk.org) and we'll send you the logo

**PLEASE** do email us and let us know if you are Hosing a Gr8 Chat & Brew. Email: [hello@paradigm-uk.org](mailto:hello@paradigm-uk.org)

We'd love to keep connected and share ideas, online activities and more from all around the country.

**Let's spread the connections and love!**

**A link to the main page and resources is found below**

<https://paradigm-uk.org/2020/03/20/the-gr8-chat-brew/>

