

Preparing for your child's transition to adulthood: Basics and banana skins

Welcome to our webinar!

- Follow **@DimensionsUK** on social media and tweet using **#BetterTransitions**
- Please turn mics off and talk to each other using the chat box.



Before we begin...

A few housekeeping points:

- The chat is open - introduce yourselves!
- Questions? Use the Q&A tool
- Please can you turn your microphone off
- We will share the **recording** of the event and an information pack afterwards
- Please tweet and tag us using **@DimensionsUK** and **#BetterTransitions**



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A bit about me

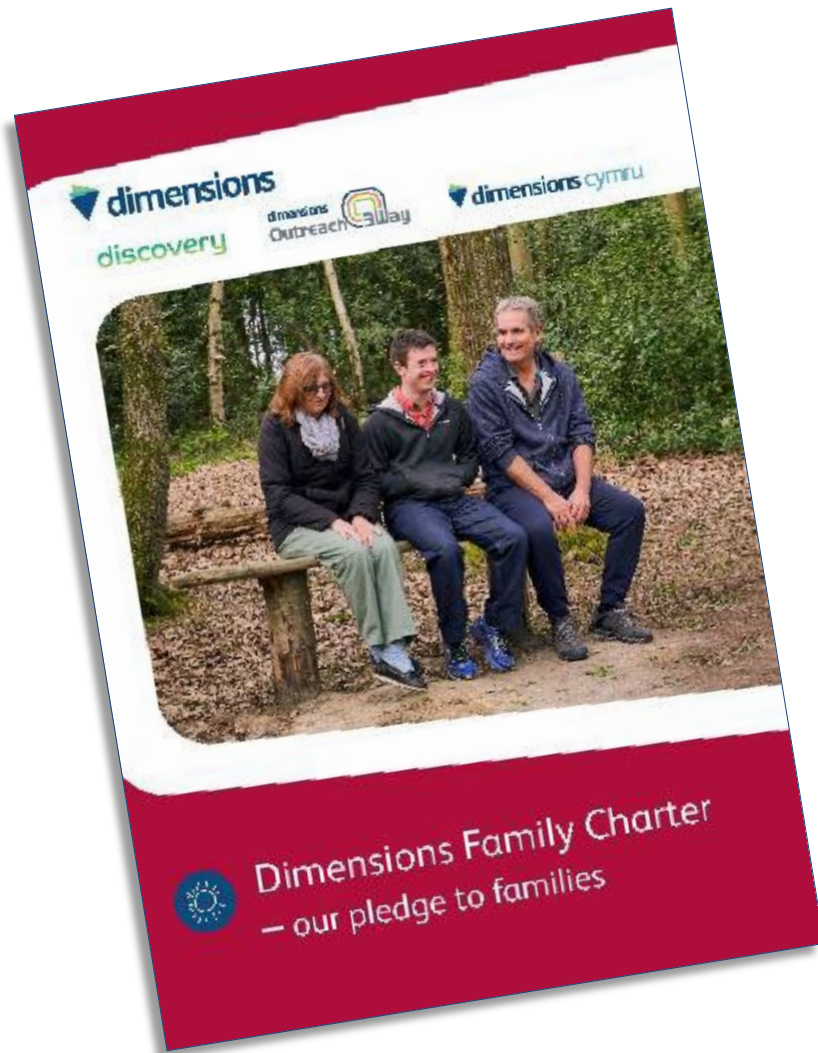
- What IS a family consultant?
- My story
- Why are we holding this webinar?

Kate Chate – Family Consultant





Welcome



- Agenda
 - The family experience
 - The expert by experience
 - Guide to a good transition
 - The provider's view
 - Q&A session

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The family experience – Linda and Alfie



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Expert by experience – Owain and Gail



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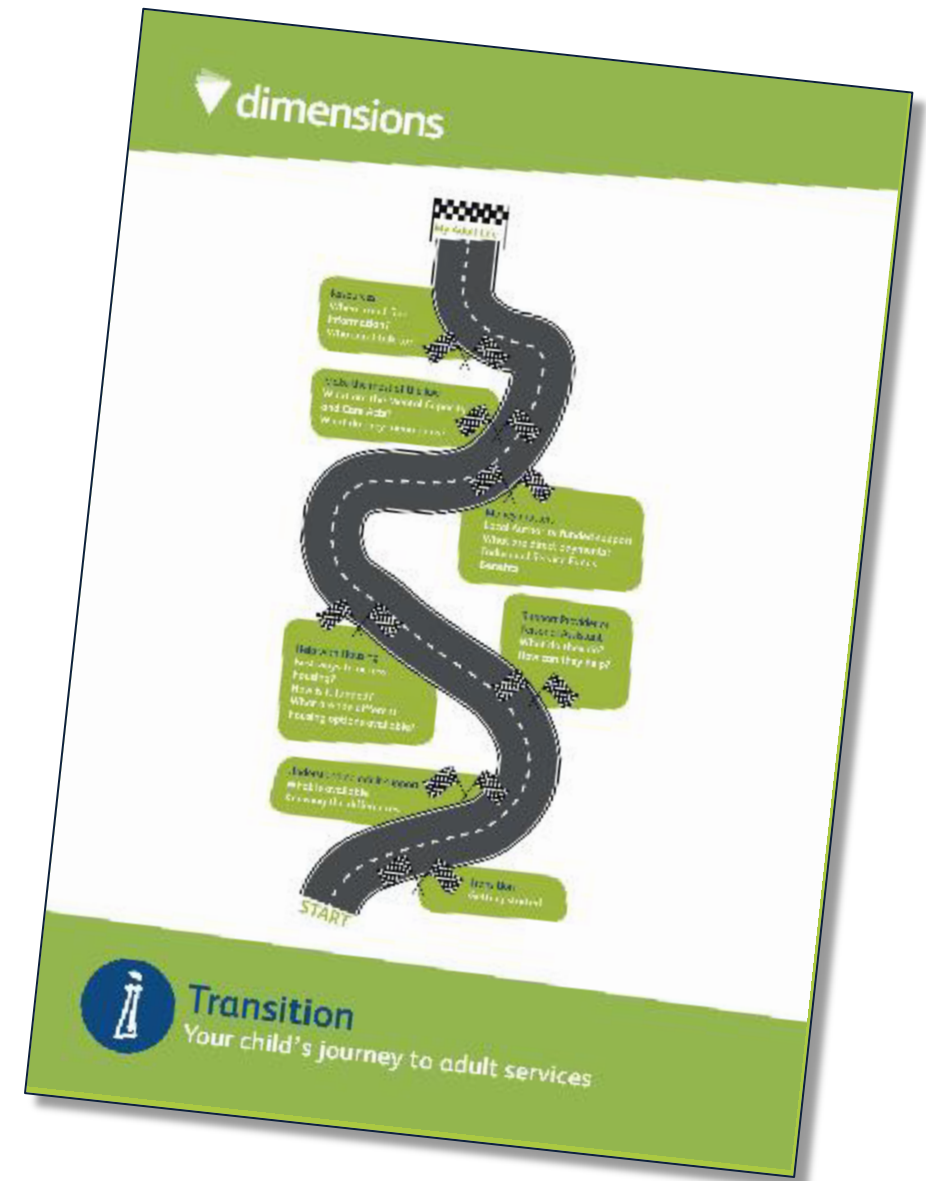


Guide to a good transition

**Viv Smith - Referrals Manager
London & East Region**



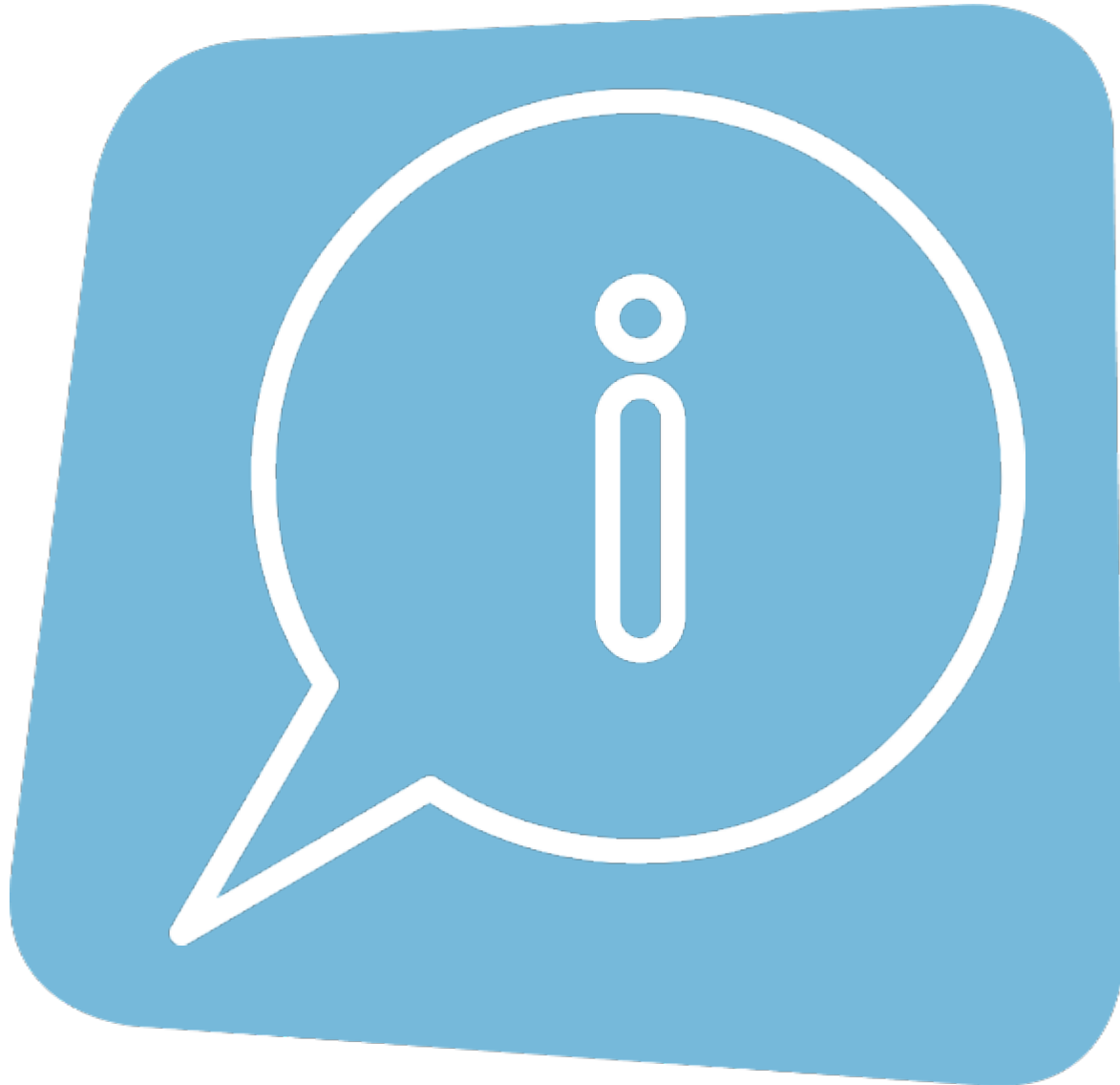
Cambridgeshire	Essex	Hertfordshire
Lincolnshire	Luton and Bedfordshire	Milton Keynes
Norfolk	Suffolk	Barnet
Brent	Enfield	Haringey
Hillingdon	Hounslow	Richmond



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Get informed!



- Your rights and your council's responsibilities
- What to think about, and when
- Understanding adult support
- Type of support, support provider or personal assistant?
- Money matters
- Understanding housing
- Making the most of the law
- Positive Behaviour Support
- Resources



What to think about, and when:

Age 13 - 14



Check out my council's "Local Offer" on their website (see what's on offer for 16+ years)



Meet Transition Social Worker (if available in your area)



Support my child to open a bank account before they turn 16



Begin thinking about what support my child will need when they're an adult at the year's Education, Health and Care Plan annual review



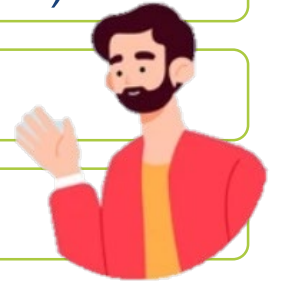
Consider getting a carers assessments, especially if my child doesn't have a social worker



Find out my, and my child's, rights - The Care Act 2014



Know the main provisions of The Children's & Families Act 2014



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What to think about, and when:

Age 14 - 16



Learn about different models of support including, care homes, supported living, outreach, personal assistant



Learn about different housing arrangements



Learn about the difference between Direct Payments and a Personal Budget



Ask for my LA's Approved Provider List and research CQC website to find out how these are currently rated



Learn about my, and my young person's, rights and responsibilities under The Care Act 2014



Know the difference between being a Court-Appointed Deputy, Power of Attorney for Health and/or Finance and an Appointee



Check out benefits. Learn what these are, and how entitlements differ depending on what model of support my young person might receive





What to think about, and when:

Age 16 - 18



Research adult short breaks



Understand how the Mental Capacity Act applies to me and my young person



Check local eligibility criteria for adult support and arrange for a social care assessment from my LA for my young person (around 17th birthday)



Add my young person's name to the local housing list through local council.



Ensure that a social worker is working with us to lever the right support.
Schedule final Education Health and Care Plan review for first term of the last year of education



Find out what adult services are available in my area, and meet care and support providers.
Services available may include outreach, employment/supported employment, supported living, further educational options.



Learn about the appeals process in case we don't agree with the funding allocated





More information

- Dimensions
www.dimensions-uk.org/transition
- Local offer
<https://www.gov.uk/government/publications/local-offer-guidance>
- The Care Act 2014
<https://www.legislation.gov.uk/ukpga/2014/23/contents/enacted/>
<https://www.gov.uk/government/publications/care-act-2014-part-1-factsheets/care-act-factsheets>
- Care Quality Commission (CQC)
<https://www.cqc.org.uk/>
- Care Inspectorate Wales (CIW)
<https://careinspectorate.wales/>
- The Children and Families Act 2014
<https://www.legislation.gov.uk/ukpga/2014/6/contents/enacted>



The provider's view - about us

Vicki Mills - Referrals Manager South Region



Bracknell	East Berkshire	Surrey
Farnborough	Hampshire	Southampton
Portsmouth	Ferndown	Dorset
Bournemouth	Poole	Ifield
West Sussex	Kent	South East

Helen McMullan - Referrals Manager North Region



Darlington	Middlesbrough	Stockton on Tees
Redcar and Cleveland	Durham	Hartlepool
Newcastle	South Tyneside	Northumberland
Sheffield	Barnsley	Rotherham
East Riding	York	Wakefield
Leeds	Warrington	



What should I look for in a provider?

- CQC / CIW
- Their support is developed especially for them, with them.
- Local Parent Carer Forum.
- Communication!!
- **That your loved one is happy & safe. 😊**





How can providers help you?



- Explore the options.
- Lead the process.
- Recruit Support Workers.
- Work in partnership to source and secure housing.

Note: See page 9 of Dimensions “your child’s journey to adulthood” booklet



Timeline - School/College to New Home

← Average timescale for bespoke home is 9 to 18 months →

Assessment

- Assessment carried out.
- Environmental needs assessments.
- Collating all social / health care assessment e.g. SALT.

- Over stretched social worker unable to provide paperwork.
- Absence of behaviour data for analysis.
- Unable to spend time with the individual.

Support Design

- Develop support design with family / all stakeholders.
- Present proposal including timescales & costs to funders

Costs or timescales not agreed by funder.

Property

- Housing spec. agreed with all stakeholders.
- Search for property starts.

- Delay with funding for property.
- Unable to find suitable property.
- Property found but in large chain.

- Adaptations not agreed.
- Unable to secure funding.

Getting to know 'You'

- Regular meetings between the family and Manager.
- "Getting to know you" begins as time is spent with the individual.

Appointment of experienced Manager.

Unable to appoint Manager.

Development

- Property purchased.
- Builder sourced.
- House adaptations take place.
- Getting to know individual continues with regular visits.
- Regular transition meetings with Local Authority and CCG.
- Begin development of the individuals support plans and risk assessments.

- The property purchase is delayed.
- Tendering of building works is delayed.
- Building work is slowed e.g. bad weather.

Support Team

Recruitment begins:

- Lack of response to advert.
- Lack of quality candidates.

Must have 125% of permanent staff team in place before person moves in.

Property Handover

Internal furnishings delayed e.g. toughened furnishing is bespoke & takes 8 weeks to order.

Exempt Housing Benefit not guaranteed.

Induction

- All team members start.
- Attend bespoke specialist training.
- Role play proactive / reactive strategies in situ.
- Prepare property to be a 'home'.
- Complete transition activities.
- Develop pictorial aids and weekly activity plan.

DBS holds process up.


Move in date

- Motability vehicle cannot be ordered until after move in day. 12 week order time.
- Legal requirements not in place For example: Deprivation of Liberty Safeguards or Court of Protection application.

- Full team must be in place.
- Ordering an interim vehicle.

KEY

 Time Slippage

 Red Flag – a vital action that if not agreed / completed, we cannot proceed to next stage.



Helpful Hints

Dos

- ✓ Explore ALL options.
- ✓ Start speaking to providers EARLY
- ✓ Register yourself / your relative on your local housing register
- ✓ Be prepared to undergo a challenging process from children to adult services.
- ✓ Be clear on your / your relatives needs.
- ✓ Connect with potential housemates.
- ✓ Visit different places to get a feel for the organisational culture.

Don'ts

- ✗ Leave exploring the future too late.
- ✗ Compromise *too* much.
- ✗ Give up!
- ✗ Be disheartened due to longer than expected timescales.
- ✗ Forget to do your own research:
The [Care Act 2014](#) Easy Read Version



Get in Touch

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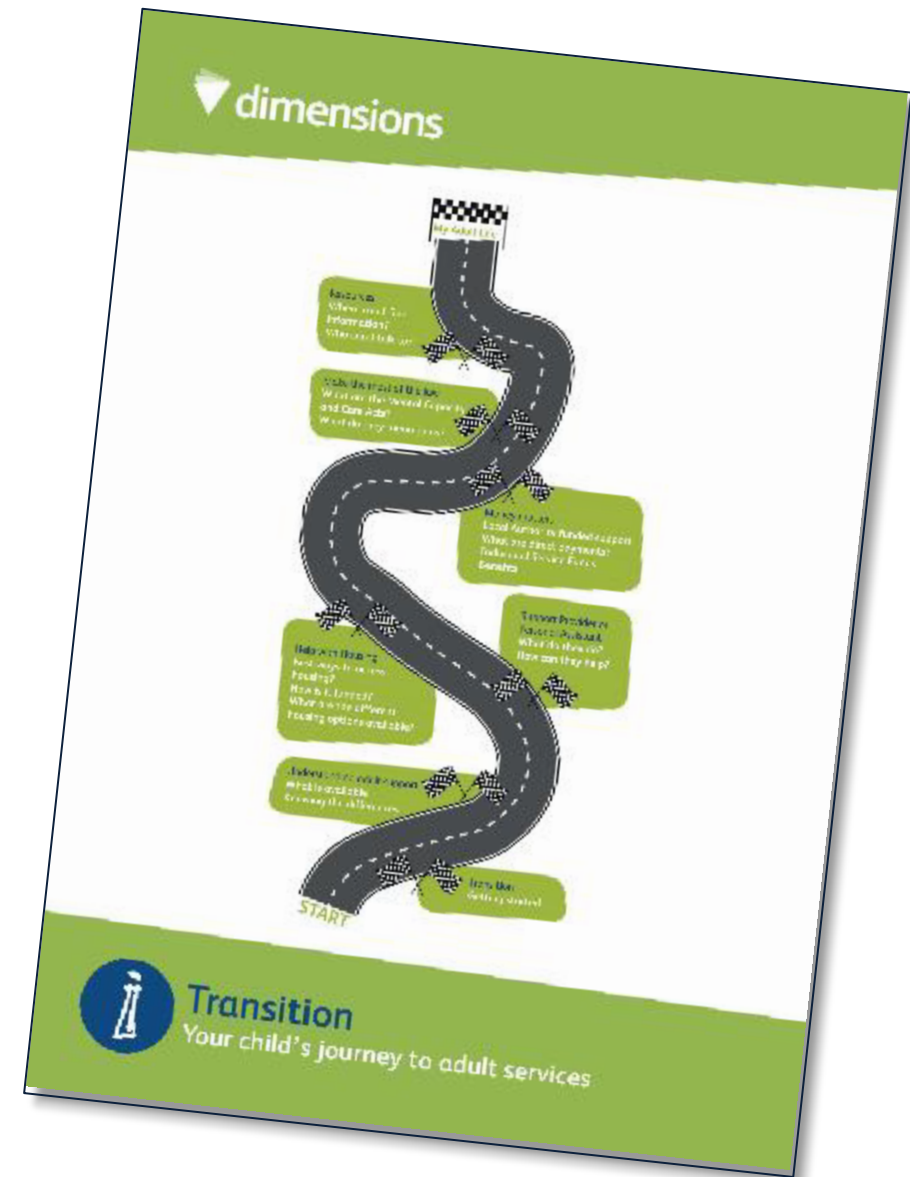
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Q&A session

Our team will answer the most popular questions posted by you today.

We will include a document of as many of your questions with our answers in your information pack.

A young woman with short brown hair, bangs, and glasses is smiling and making a peace sign with both hands. She is wearing a light blue denim jacket over a black t-shirt and a red flower headband. She is standing outdoors in front of a white metal fence and some green foliage.

Thank you for attending!

Your information pack will be sent to you in the coming days.

**Further questions about your area?
enquiries@dimensions-uk.org**